

THE SEVENTEENTH SUNDAY AFTER PENTECOST  
PROPER 20



SEPTEMBER 19, 2021

SAINT MARK'S EPISCOPAL CHURCH

315 EAST PECAN STREET

SAN ANTONIO, TEXAS



# THE HOLY EUCHARIST: RITE I

7.45 AM

THE ACCLAMATION	BCP 323
<i>Celebrant:</i> Blessed be God: Father, Son, and Holy Spirit.	
<i>People:</i> <b>And blessed be his kingdom, now and for ever. Amen.</b>	
THE COLLECT FOR PURITY	
Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. <b>Amen.</b>	
GLORIA	BCP 324
THE COLLECT OF THE DAY	BCP 182
O God, who declarest thy almighty power chiefly in showing mercy and pity: Mercifully grant unto us such a measure of thy grace, that we, running to obtain thy promises, may be made partakers of thy heavenly treasure; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. <b>Amen.</b>	
THE FIRST LESSON	<i>James 3:13-4:3, 7-8a</i>
THE GRADUAL, <i>Psalm 1</i>	BCP 585
THE GOSPEL	<i>Mark 9:30-37</i>
THE SERMON	The Rev. Matthew Wise
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THE DISTRIBUTION OF THE SACRAMENT	
<i>In accordance with Diocesan guidelines, at this time we are offering only intinction (dipping of the consecrated wafer into the consecrated wine) and are not drinking from the common cup. If you prefer not to intinct, you may cross your arms over your chest to let the Eucharistic Minister know your wishes. If you accidentally eat the wafer before the wine is offered to you and would still like to intinct, please raise your hand to let the clergy know you'd like another consecrated wafer.</i>	
THE POSTCOMMUNION PRAYER	339
THE BLESSING and THE DISMISSAL	

# THE HOLY EUCHARIST: RITE II

9.00 & 11.15 AM

OPENING VOLUNTARY • Air

Gerre Hancock (1934 – 2012)

HYMN IN PROCESSION 477 • *All praise to thee, for thou, O King divine*

*Engelberg*

OPENING ACCLAMATION

BCP 355

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be his kingdom, now and for ever. Amen.**

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS • *Mass in E*

Jeffrey Smith (b. 1960)

Glo - ry to God in the high - est, and peace to his peo - ple on  
earth. Lord God, heav - en - ly King, al - might - y God and Fa - ther, we  
wor - ship you, we give you thanks, we praise\_ you for your glo - ry.  
Lord Je - sus Christ, on - ly Son\_\_\_\_\_ of the Fa - ther,  
Lord God, Lamb of\_ God, you take a - way the sin\_ of the world: have mer - cy  
on us; you are seat - ed at the right hand of the Fa - ther: re - ceive our  
prayer. For you al - one are the Ho - ly One, you al - one are the Lord, you a -  
lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God\_\_\_\_\_ the Fa - ther. A - men.

## THE COLLECT OF THE DAY

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Word of God

### (11.15 only) THE OLD TESTAMENT READING

*Proverbs 31:10-31*

A capable wife who can find? She is far more precious than jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good, and not harm, all the days of her life. She seeks wool and flax, and works with willing hands. She is like the ships of the merchant, she brings her food from far away. She rises while it is still night and provides food for her household and tasks for her servant-girls. She considers a field and buys it; with the fruit of her hands she plants a vineyard. She girds herself with strength, and makes her arms strong. She perceives that her merchandise is profitable. Her lamp does not go out at night. She puts her hands to the distaff, and her hands hold the spindle. She opens her hand to the poor, and reaches out her hands to the needy. She is not afraid for her household when it snows, for all her household are clothed in crimson. She makes herself coverings; her clothing is fine linen and purple. Her husband is known in the city gates, taking his seat among the elders of the land. She makes linen garments and sells them; she supplies the merchant with sashes. Strength and dignity are her clothing, and she laughs at the time to come. She opens her mouth with wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household, and does not eat the bread of idleness. Her children rise up and call her happy; her husband too, and he praises her: "Many women have done excellently, but you surpass them all." Charm is deceitful, and beauty is vain, but a woman who fears the Lord is to be praised. Give her a share in the fruit of her hands, and let her works praise her in the city gates.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

### THE GRADUAL

*Psalm 1*

chant: William Russell



- 1 Happy are they who have not walked in the counsel | of the | wicked, \*  
nor lingered in the way of sinners,  
nor sat in the | seats | of the | scornful!
- 2 Their delight is in the | law of . the | LORD, \*  
and they meditate on his | law | day and |night.
- 3 They are like trees planted by streams of water,  
bearing fruit in due season, with leaves that | do not | wither; \*  
every-| thing they | do shall | prosper.
- 4 It is not so | with the | wicked; \*  
they are like chaff which the | wind | blows a-|way.
- 5 Therefore the wicked shall not stand upright when | judgment | comes, \*  
nor the sinner in the | council | of the | righteous.
- 6 For the LORD knows the | way of . the | righteous, \*  
but the | way of . the | wicked . is | doomed.

## THE EPISTLE

*James 3:13-4:3, 7-8a*

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace. Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures. Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

## SEQUENCE HYMN 670 • *Lord, for ever at thy side*

*Song 13*

## THE GOSPEL

*Mark 9:30-37*

The Holy Gospel of Our Lord Jesus Christ according to Mark.

**Glorify to you, Lord Christ.**

Jesus and his disciples passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him. Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them, "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## THE SERMON

The Rev. Matthew Wise

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary and was made man.  
For our sake he was crucified under Pontius Pilate:  
he suffered death and was buried.**

**On the third day he rose again in accordance with the scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*Celebrant*

Together let us offer our prayers for the church, our nation, and the world, asking God's mercy on all in need.

*Intercessor and People*

For Justin, Archbishop of Canterbury, for Michael our Presiding Bishop, for David and Rayford our bishops, for our clergy and leaders and for the people of God in every place. In the Anglican Cycle of prayer, we pray for the Church of the Province of Uganda. In our Diocesan Cycle of prayer we give thanks for the clergy and people of St. Matthew's, Edinburg, and St. Matthew's, Universal City.

**Lord, graciously hear us.**

For mercy, peace, and justice among all peoples.

**Lord, graciously hear us.**

For abundant fruits of the earth, and for safety from violent storms. Lord, hear us.

**Lord, graciously hear us.**

For the sick and the suffering, travelers by land, by water, and by air, prisoners, captives, and their families, and all those in desperate need. Lord, hear us.

**Lord, graciously hear us.**

For our city and those who live in it, and for our families, companions, and all those we love, and especially for those who have asked for our prayers...and for those with long-term needs... Lord, hear us.

**Lord, graciously hear us.**

For those who rest in Christ and for all the departed, especially...Lord, hear us.

**Lord, graciously hear us.**

Lifting our voices with all creation, with the Blessed Virgin Mary, with Mark and with all the saints, let us offer ourselves and one another to the living God through Christ.

**To you, O Lord, our God.**

*Celebrant*

God of infinite mercy, hear the prayers we offer this day and save our lives through the good news of your Messiah; through Jesus Christ our Lord. **Amen.**

## CONFESSION OF SIN

*The Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Intercessor and People*

**Most merciful God,**

**we confess that we have sinned against you**

**in thought, word, and deed,**

**by what we have done,**

**and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will,**

**and walk in your ways,**

**to the glory of your Name. Amen.**

*The Celebrant concludes with an absolution.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

The peace of the Lord be always with you.

**And also with you.**

## RSCM PRESENTATION

## PARISH NOTICES



# The Holy Communion

## ANTHEM AT THE OFFERTORY

(9.00) *A Prayer of St. Richard of Chichester*

L.J. White (1910-1970)

O holy Jesus, most merciful redeemer, friend and brother, may I know thee more clearly, love thee more dearly and follow thee more nearly.

(11.15) *Teach me, my God and King*

Craig Phillips (b. 1961)

Teach me, my God and King,  
In all things thee to see,  
And what I do in anything  
To do it as thee.

A servant with this clause  
Makes drudgery divine:  
Who sweeps a room, as for thy laws,  
Makes that and the action fine.

All may of thee partake;  
Nothing can be so mean,  
Which with this tincture, "for thy sake,"  
Will not grow bright and clean.

This is the famous stone  
That turneth all to gold;  
For that which God doth touch and own  
Cannot for less betold.

-George Herbert

PRESENTATION HYMN 455 • *O Love of God, how strong and true*

*Dunedin*

THE GREAT THANKSGIVING - *Eucharistic Prayer A*

BCP 361

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give him thanks and praise.**

*Celebrant:*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. *Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.* Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS • *Mass in E*

Jeffrey Smith

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, heav'n and earth are  
full of your glo-ry. Ho - san - na in the high-est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - - na, ho -  
san - na, ho - san - - na in the high - est.

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name; thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen.**

AGNUS DEI • *Mass in E*

Jeffrey Smith

Lamb of God, you take a-way the sins of the world: have mer - cy  
on us. Lamb of God, you take a-way the sins of the world: have mer - cy on us.  
Lamb of God, you take a-way the sins of the world: grant us peace.

#### MINISTRATION OF COMMUNION

*In accordance with Diocesan guidelines, at this time we are offering only intinction (dipping of the consecrated wafer into the consecrated wine) and are not drinking from the common cup. If you prefer not to intinct, you may cross your arms over your chest to let the Eucharistic Minister know your wishes. If you accidentally eat the wafer before the wine is offered to you and would still like to intinct, please raise your hand to let the clergy know you'd like another consecrated wafer.*

HYMN 414 • *God, my King, thy might confessing*

Stuttgart

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

THE BLESSING

THE DISMISSAL

*Celebrant:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**

HYMN IN PROCESSION 492 • *Sing, ye faithful, sing with gladness*

*Finnian*

CLOSING VOLUNTARY • Prelude in E-flat major, op. 99, no. 3

Camille Saint-Saëns (1835-1921)

## Prayer List *(updated 9/16/21)*

### Immediate Needs

Susan Beardslee  
Aynsle Baird Brown  
Suzanne Bolner  
Joseph Brumlik  
Charlie  
Larry Davis  
Vic DeForest  
Janis De Lara  
Don Doyle  
Tyler Fakhoury  
Karim Fodah  
Gera Foster  
Tom Gallaway  
Holly Gilmore  
Tanya Holt  
Patrick Howard  
Kristin Jones  
Carolyn Klebaum  
Betty Ludwig

Nicole McNeel  
JD Monk  
Ken North  
Grace Ohlenbush  
Sallie Peacock  
Ann Reeks  
Cathy Robinson  
Dorothy Sheldon  
Ralph Voight, Sr.  
Kathleen Seale Withers  
Christopher Shea  
Teresa Segovia  
Chris Siegle  
Suzanne Thomas  
Maxine Weynand

Juan Jose Davila  
Mardi Dunkley  
Angie Ellis  
Jennifer Franklin  
Fernando Guerra  
Harry Guidry  
Alice Haney  
Anna Jane Hays  
Jamie Johnson  
Eleanor Johnson  
Jason Morris  
Ruth Peyton  
Frank Sitton  
Patsy Warncke  
Sharon Cotton Wood

### Those with long-term concerns

John Beers  
Rose Beers  
Chris

### Deaths

Jane Smith  
Mary Kate Kelley

## SERVICE PARTICIPANTS

### 7.45 AM Holy Eucharist, Rite I

**Altar Guild:** Marijane Gish, Nancy Reed

**Intercessor:** Dr. Lindsay Irvin

**Preacher:** The Rev. Matthew Wise

### 9.00 AM Holy Eucharist, Rite II

**Altar Guild:** Pat Donegan, Patrice Oliver, Annabelle McGee

**Lector:** Sarah Joe Le Messurier

**Intercessors:** Laura Wickham

**Eucharistic Ministers:** Jill Vassar, Brian Zook, Laura Wickham, Tim Worley

**Preacher:** The Rev. Matthew Wise

**Celebrant:** The Rev. Elizabeth Knowlton

**Gospeller:** The Rev. Ann Benton Fraser

### 11.15 AM Holy Eucharist, Rite II

**Altar Guild:** Dean Glass, Jane Williams

**Lector:** Kay Mijangos

**Intercessors:** Kate Crone

**Eucharistic Ministers:** Pam Slocum, Mike Duffey, Derrick Dodge, Bob Cotton

**Preacher:** The Rev. Matthew Wise

**Celebrant:** The Rev. Elizabeth Knowlton

**Gospeller:** The Rev. Ann Benton Fraser

**THE FLOWERS ON THE ALTAR ARE GIVEN TO THE GLORY OF GOD** and in loving memory of **Sally Buchanan**, his wife, by Bob Buchanan; and **Pauline Gillespie Gossett**, his wife, by Robert F. Gossett Jr.

# Welcome!

We are so glad you have chosen to worship with the St. Mark's community. Whether you are in San Antonio, a long-time member, or a visitor who is joining via streaming, we are grateful for your presence. We hope you will look at our many varied offerings.

The website, [www.stmarks-sa.org](http://www.stmarks-sa.org) is regularly updated and your best source of information. Our weekly eNews and parish Facebook page ([www.facebook.com/stmarkssa](http://www.facebook.com/stmarkssa)) also contain helpful information for you to connect with us. If you are visiting, please let us know by filling out an online visitor card.

We are grateful you have joined us today. Given our current Covid-19 guidelines we are now able to offer seating indoors without advanced reservations! We ask that you remain masked indoors, especially since children in our community are not currently eligible for vaccination. We are able to offer communion in both forms now. For the wine, we are restricted to intinction (dipping the consecrated bread in the chalice rather than drinking from a common cup). You are welcome to cross your arms over your chest if you prefer to only receive the bread. We also now encourage masked congregational singing! We ask that you still stay within your family group as we exchange the Peace. We are so grateful to have a loosening of our restrictions as we gather together. Our 10 a.m. service will be streamed throughout the summer. We also offer an 8:30 a.m. outdoor service in Tucker courtyard for those that prefer that option.

We are offering Morning Prayer on Mondays and Wednesday at 8:30 am on Facebook Live. Compline is offered Tuesday and Thursday evenings at 7 p.m. For our adult, youth, and children's formation offerings on Sundays, see the Parish Notices section.

We continue to be grateful for the generosity of our community. Our financial gifts support what God is doing at St. Mark's to make ministry possible throughout the week including all of our streaming offerings. Please take a moment now to make a gift to support ministry at St. Mark's.

- Give online. <https://www.stmarks-sa.org/give/>
- Text your gift amount to 210-399-0072
- Mail a check to the church office at 315 E. Pecan St., San Antonio, TX 78205

We give thanks for you and welcome you wherever you find yourself on your spiritual journey!

Peace,

A handwritten signature in blue ink that reads "Elizabeth C Knowlton" followed by a small cross symbol.

The Reverend Elizabeth Knowlton, Rector  
St. Mark's Episcopal Church, San Antonio, Texas

# Parish Notices

## Worship Services

As a community we continue to mask indoors regardless of vaccination status until younger members of are eligible for vaccination. Join us for Rite I at 7.45am and Rite II at 9.00am and 11.15am.

*Nursery opening is delayed until further notice due to Delta Variant of the Covid-19 virus.*

## Children's Chapel and Godly Play

9.00am Sunday mornings in the Jerusalem Chapel on the 2nd floor of the Parish House. (ages 4-12) In Godly Play, we enter into parables, silence, sacred stories and sacred liturgy in order to discover God, ourselves, one another, and the world around us. This year in Children's Chapel (during the first half of the 9.00am liturgy), we will use Godly Play to explore the mysteries of God.

Visit [stmarks-sa.org/event/2700305-2021-09-05-childrens-chapel-with-godly-play/](https://stmarks-sa.org/event/2700305-2021-09-05-childrens-chapel-with-godly-play/) for the schedule.

## Lector / Intercessor / Eucharistic Minister Training

September 16 or September 19

If you are interested in becoming a liturgical reader, leading the Prayers of the People, or serving as a chalice bearer for our Sunday worship services, we have two trainings coming up: Thursday, September 16, at 5.30pm and Sunday, September 19, at 12.30pm. To register for training, or for more information, please email [The Rev. Matthew Wise](mailto:The.Rev.Matthew.Wise).

## Mind the Gap

6.30pm September 17 at Windmill Icehouse

Sunday Lunch Social TBA in the fall. Future Symposium dates are: October 8 and November 12. This fellowship and formation group borrows its name from the signs in the UK's underground as a reminder we need to pay attention to the gaps between our working lives, our faith lives, and our home lives. This group has two regular kinds of meetings: Sunday Lunch Socials – a Dutch treat, kid friendly gathering at a local restaurant following the 11.15am service with no agenda other than building relationships with each other; and Symposium – an adults only, Friday evening gathering dedicated to dinner and faithful discourse. For more information, [email The Rev. Matthew Wise](mailto:The.Rev.Matthew.Wise).

## Adult Formation Offerings

Sunday mornings 10.10am beginning September 19 | Room 212 and [via Zoom](#)

Join Beth for this six-week course beginning September 19 through October 24 - *Separation and Return: How Grace is Found in Sharing our Story with One Another and Connecting it to Scripture*. We will reflect together on the role of narrative story telling as a means of reengaging with one another and connecting our experience with the narratives of scripture.

We've been through a community experience of separation and return both through the scaffolding event and the global pandemic. While we are still in a process of return, we have likely experienced this in different ways.

## NAMI Family Support Group

1st & 3rd Tuesdays beginning September 21 | 6.30-8.00pm

NAMI (National Alliance on Mental Illness) Family Support Group is a peer-led support group for parents, caregivers, and close friends of an adult with a mental health condition. Gain insight from the challenges and successes of others facing similar experiences. This group, facilitated by Doug and Barbie Beach, will meet on the 1st and 3rd Tuesdays from 6.30-8.00pm. For more information, or to inquire about connecting by Zoom, [email The Rev. Ann Benton Fraser](mailto:The.Rev.Ann.Benton.Fraser).

## Mental Health and Wellness Series: What Is Wellness?

6pm - 7pm Thursday, September 23

Build resilience alongside others in our community with this series in support of mental wellness. Join Cynthia Chi in this facilitated discussion on what wellness is and how to nurture it in our daily lives. The class will explore different models for thinking about personal wellness, tools for assessing one's wellness, and strategies for developing a wellness plan. Join us in person or via Zoom. For more information, please email [afraser@stmarks-sa.org](mailto:afraser@stmarks-sa.org).

## Images of the Divine in Film & Kids Drive-In Movie Night

Originally scheduled for September 24 and October 29, these events are postponed due to Covid-19. New dates to be announced soon.

### Austin-Kegg Organ Workshop September 25 | 10.00am-1.00pm

Samuel Gaskin and Dr. Andrew Lloyd will host a workshop for all ages on the Austin-Kegg organ at St. Mark's on Saturday, September 25 from 10.00am-1.00pm. Using Sibelius notation software, the workshop will be an introduction to compositional and improvisatory techniques on the organ, as a preview of the final round of the Riverwalk International Organ Composition Competition (RIOCC), to be held at St. Mark's in March of 2022. Donuts and coffee provided. Email [Samuel Gaskin](mailto:Samuel.Gaskin@stmark.org) for more information.

## WEEKDAYS AT ST. MARK'S

### THE DAILY OFFICE

#### Morning Prayer (Mondays and Wednesdays)

We are currently offering Morning Prayer Mondays and Wednesdays. We hope you make plans to join us via [Facebook Live](#) at 8.30am. This is a more lengthy service with multiple scripture readings. Resource for Morning Prayer: [Mission St. Clare](#) - they also have an app for smart phones.

#### Compline (Tuesdays and Thursdays)

We are offering Compline Tuesdays and Thursdays and hope you and your family make plans to join us via [Facebook Live](#) at 7pm. This is a shorter service – great for families to do together! Resource for Compline: [BCP Online](#) - on the left side, click "Daily Office", then click "An Order for Compline"

#### Monday Morning Bible Study - 7.00am via Zoom

Sign up at [bit.ly/MondayMorningBibleStudy](https://bit.ly/MondayMorningBibleStudy) to receive email with login details.

#### Art Class Via Zoom

Tuesdays | 10.00-11.30am. Sign up at [bit.ly/ArtClassViaZoom](https://bit.ly/ArtClassViaZoom) to receive email with login details.

#### Wednesday Evening Bible Study - Gospel of Mark

Wednesdays at 6.30pm – On campus in Dean Richardson Room, 2<sup>nd</sup> floor of the Parish House and via Zoom. Sign up at [bit.ly/WednesdayEveningBibleStudy](https://bit.ly/WednesdayEveningBibleStudy) to receive email with login details.

#### Time Out Bible Study

Thursdays at 10.00am – on campus in Room 212 on the 2<sup>nd</sup> floor of the Parish House and via Zoom. Sign up at [bit.ly/TimeOutBibleStudy](https://bit.ly/TimeOutBibleStudy) to receive email with login details.

## WEDNESDAYS AT ST. MARK'S

4.30-5.15pm | Room 212 | Novices (grades K-1)

5.15-6.00pm | Room 212 | Choristers (grades 2-5)

5.30-6.15pm | Church | Treble Choir (grades 4-12)

5.00-6.00pm | Room 305 | Daughters of the King (DOK)

5.00-6.30pm | 2<sup>nd</sup> Foyer | Café Kairos (free pizza in the Pecan Courtyard)

5.15-6.45pm | Rom 205 | Children's Study Hall ([email Ms. Cathy](mailto:Ms.Cathy@stmark.org) for details)

6.00-6.30pm | Room 212 | RSCM

6.15-7.45pm | Youth Suite | Youth Group

6.30-7.30pm | Dean Richardson Room (DRR) | Bible Study

